

- 
- I'm considering removing my catalytic converter or replacing it with a higher flowing unit, what kind of performance increase should I expect?  
The problem lies when you reduce the velocity of the exhaust gasses leaving the chambers, and trying not to induce turbulence as to screw up the exhaust pulses.

If you remove the catalyst, do it in combination with a good tuned header. I can't speak for the [Shark Racing](#) header, but when I installed my [HVE](#) header along with the free flow cat and the 2.25" piping and the glass-pack, my torque got better all the way across the band... (*Thanks Red*)

You can get catalytic converters from any muffler shop, but recommended brands are [Car Sound](#) and [Random Technology](#).

---

*This FAQ provided by FXtreme*